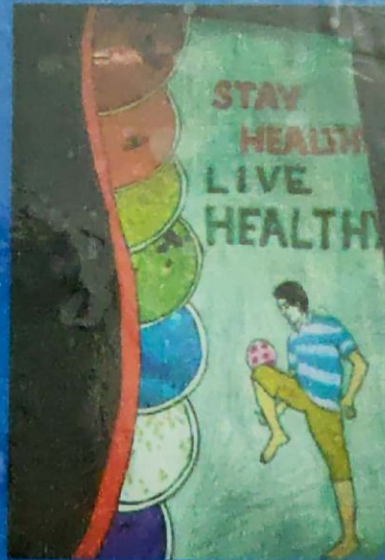


A.Z.P



April 2018

Meeting of adolescence of education was conducted in the the principals chamber to plan the agenda of activities for the session 2019-20

1. Frequent counselling and lectures on adolescence in adjustment periods, during CCA, some times during morning assembly and in specially organised mannaas.

2. Topics to be delivered will be on the following:-

Understanding adolescence

Healthy growing

Diet for growing childrens

Changes during adolescence and being comfortable with them.

Menestral cycle and changes in the body.

Child abuse

Understanding substance misuse.

Managing stress

Safety net formation (accessing support)

Slogan competition on drug abuse

Painting competition on AIDS

Celebrating AIDS Day morning assembly talk

Clarifying myths and misconceptions

Understanding AIDS transmission and prevention

Following teachers attending the meeting.

1. Mr. Sakushal Sankhwar (PAT Bio)

2. Mrs. Manisha (TGT Hindi)

3. Mr. Dinesh (WET)

Convenor - Sunita Thapa (TGT Sci) *Shakti*

8 April 2019

Class teachers of 8 & 9 A, B and C and XI A B C D are requested to suggest the names of two students (one girl one boy) from their respective classes for adolescence education programme members.

S.No.	Class	Girl	Boy	C.T. Sign
1.	8A	<u>Aurpa</u>	Arpit Dhiman	
2.	8B	Deepanshi	Varun	
3.	8C	Aayushi	Tanish	
4.	9A	Mahi	Samar	
5.	9B	Kanika	Mantu	
6.	9C	Prakriti Sethi	Samlesh	
7.	XI A	Ankit Rai	Nishita	
8.	XI B	Priyanka	Jashua	
9.	XI C	Jashita	Saurav	
10.	XI D	Sapreet Singh Diya Pathania	Subhpreet Singh	

Convener. Sunita Thapa
TAT (Sci)

Principal

2 May 2019

During the month of May following activities will be organised

1. Mrs. Prabhita Khatta (TGT Sci) will deliver a lecture in the morning assembly on Healthy growing.
2. Mrs. Sunita Thapa (TGT Sci) will deliver a lecture in classes 8-A, B & C on the topic Cleanliness.
3. Mrs. Swati (School nurse) will give a talk on the topic "diet for growing children" in the computer lab.

1. Mrs. Prabhita Khatta (TGT Sci) Prabhita
2. Mrs. Sunita Thapa (TGT Sci) Sunita
3. Mrs. Swati (School Nurse) Swati

Convenor - Sunita Thapa
TGT (Sci)

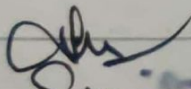
Principal

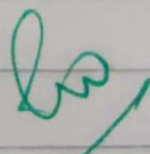


30 June 2019

Under the adolescence education programme, following activities were organised in the school after summer vacations.

1. A skit was done by class 8C on Hygienic conditions
2. A lecture on the topic Understanding adolescence by given by Mrs. Sumit Thapa for classes 8ABC and 9ABC

Convenor -  Sumit Thapa


Principal

30 July 2019

During the month of July Under AEP following activities were organised:

1. A lecture of Healthy growing was given by Mr. S.K. Sandhu (PAT Bio) during morning assembly.
2. Class Teachers of 9 A B C given the advise to the students in their respective classes regarding healthy life style.
3. A skit on healthy living was shown by class 9A during morning assembly.

Participant group 9A -

Mr. S.K. Sandhu (PAT Bio)

Mrs. Nimish (TAT Math)

Mrs. Prabhu (TAT Sci)

Mrs. Lalita (TAT Hindi)

convenor Sunita Thappa

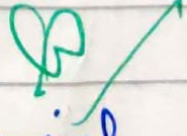
Principal

29 Aug 2019

Following activities under AEP was conducted in the school.

1. A lecture on substance misuse was conducted by Mrs. Swati (school nurse) and attended by 9ABC and XI ABC and Mrs. Sunil's Thapa, Mrs. Mansha.
2. Another session of changes during puberty was taken by Mrs. Prabhati Khatta in her respective classes 9B and by Mrs. Thapa in 9A & C.

1. Mrs. Swati - Nurse *Swati*
2. Mrs. Sunil's - (TA/Sci) *Chela*
3. Mrs. Prabhati - (TA/Sci) *Prabhati*


Principal



**PREVENTION OF
SUBSTANCE / DRUG MISUSE**